



SHS Community Service Volunteer Fair: October 25, 2019

• YMCA of Central and Northern Westchester:

The YMCA of Central and Northern Westchester is committed to youth development, healthy living and social responsibility. It is a charitable, not for profit organization that welcomes all people regardless of age, race religion or economic status and strives to enrich each and every life through a unique, dynamic combination of programs that strengthens spirit, mind and body. The Community YMCA and Camp Combe YMCA branches are always looking for volunteers to strengthen the foundations of our community.

a. **Community YMCA-** The Community Y branch is a non-facility YMCA that offers childcare programs for toddlers, preschoolers and school aged children through local school districts. Currently, our Y programs can be found in Mahopac, North Salem and Somers schools, as well as an Early Learning Center in North Salem. The Community Y is always looking for volunteers to:

- Assist younger Y participants with homework help at after school sites
- Join the Y staff in facilitating games, art & STEM projects at after school sites
- Participate in special community events

Giving your valuable time to the Y is guaranteed to enrich your own life as well as the lives of others. To volunteer at the YMCA or suggest a project for the Community YMCA, please email Kayla Hendrickson at khendrickson@ymca-cnw.org

b. **Camp Combe YMCA-** Camp Combe YMCA is a full day summer program located in Putnam Valley, NY. The camp serves the needs of over 500 children a day for a 9-week period, resulting in over 3,000 camper weeks of service on site. Camp Combe YMCA volunteer opportunities are:

- *Junior Counselors* are a volunteer position at Camp for those ages 15 and up who have never been a counselor before. Junior Counselors are assigned to a specific age group and assist counselors in leading games, running activities fostering group cohesion and supervising campers.
- *Teen Leaders Club* is a program for youth ages of 12 to 18. Through volunteer service, team building and leadership exercises, the youth enrolled in this program learn what it means to be an effective leader in their community and what skills are necessary to be a part of a larger team.

Giving your valuable time to the Y is guaranteed to enrich your own life as well as the lives of others. To volunteer at the YMCA or suggest a project for the Camp Combe YMCA, please email Shannon Sullivan at ssullivan@ymca-cnw.org

• Boys and Girls Club of Northern Westchester:

The BGCNW was established in 1939 as a non-profit organization dedicated to serving youth; with the mission to inspire and enable all young people, especially those who need us most, to reach their full potential as productive, responsible and caring citizens. We do this through high quality, developmentally appropriate programs in the areas of character development, health and life skills, education and career development, arts and social recreation and sports, fitness and recreation programs. Volunteers make up

a crucial part of our workforce by helping us to enrich and enhance the quality of our programs as well as our organizational needs.

We are a New York State licensed childcare facility and, as such, must adhere to strict standards from the Office of Child and Family Services. All volunteers ages 14 and older must complete the application process and training in order to engage with our members; including New York State mandated forms and screenings. Our next scheduled orientations and training sessions are Wednesday, January 30, 2019; Wednesday, March 27, 2019 and Wednesday, May 22, 2019; at 6:30 pm at the Boys & Girls Club of Northern Westchester, at 351 Main Street, Mount Kisco, NY 10549.

Anyone interested may also volunteer in Organizational Development as a Social Media Ambassador, Intern or other special projects and events, for which there are less stringent application requirements.

All forms can be found on our website at bgcnw.com. Contact Shantae at sartis@gcbw.com if you are interested in volunteering.

- **Paramount at Somers Rehabilitation and Nursing Center**

The Paramount at Somers Rehabilitation and Nursing Center is renowned for providing outstanding short term and long term care to the local and Greater New York community. The Paramount is the paradigm of subacute and nursing care. The Paramount at Somers Rehabilitation & Nursing Center is located at 189 Route 100 Somers NY.

Meet and greet guests with a warm welcome (customer service)
Direct and/or escort guests to their destination
Transport patients or guests via wheelchair to treatment areas or upon discharge
Visit with patients or guests who need companionship
Communicate information to patients guests and staff
Provide blankets or comfort items as needed
Administrative Support
Gift Shop
Food Service
Information Desk
Library
Newspapers
Pastoral Care
Patient Representative
Personal services for patients, like reading aloud or writing letters
Escorting patients to and from activities
Assisting occupational and physical therapists
Assisting with art therapy programs
Assisting chaplains
Mail Delivery
Nursing desk- Answering Call Bells, filling water pitchers
Reception desk- Answering Phones, Directing guests and Visitors to their appropriate units
Patient Liaison- Assist the Concierge Services
Office Assistant- clerical, filing, typing, making copies, stapling and mailing
Supporting our dementia residents
Providing entertainment, such as music, magic or comedy, to adults or children gardening and landscaping
Clerical and computer work in virtually any department

Contact Kelly or AJ at Paramount at Somers. Kelly can be reached via email at kcerini@theparamountrehab.com.

- **Special Olympics:**

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Opportunities for All:

- **Service volunteers get their hands dirty!** Non-sport volunteers help with set-up, clean-up, food service, ceremonies, housing support, registration and administrative work, among other tasks. Sport-specific volunteers serve as starters, timers, linesmen, results runners, spotters, and in many more roles required to make every event run smoothly. All of these volunteers must be age 13 or older—and kids ages 13 to 15 must be accompanied by an adult.
- **Fans in the stands cheer loud and proud!** At state-level competitions, these dedicated volunteers make sure that every athlete is buoyed by positive, thrilling support—whether their family is present or not. Volunteers of all ages are welcome to cheer and to visit the fan stations to make signs and boost the electric atmosphere even higher!
- **Social ambassadors capture and share the moment!** From various event venues, social media enthusiasts make a point to snap photos, write captions and share the excitement of the day using the event hashtags on Facebook, Instagram and Twitter.

For more information please contact Teresa Gilli or Will Smith. Somers High School also has a Special Olympics club for our student athletes. For information on SHS Club, please contact Mrs. Faivre.

- **Community Center of Northern Westchester:**

The mission of the Community Center of Northern Westchester seeks to improve the well-being and self-sufficiency of neighbors in need in Northern Westchester County by providing food, clothing, programs, and access to other resources. We are committed to treating all with dignity and respect. We encourage broad involvement by residents and organizations in the communities we serve.

Nearly 2,000 families from 36 Northern Westchester communities visit us each year. Thirty-seven percent of those who receive food from the Center's Food Pantry are children. More than 900 children receive school supplies and new sleepwear for the holidays. During Prom season, the Center distributes formal wear to high school students who would like to attend a prom but cannot afford to purchase or rent formal wear.

Volunteers are the life-blood of the Center and make everything we do possible. Last year alone, volunteers gave over 50,000 hours of service. We welcome adults and children 13 years and older to volunteer. Most of our volunteers support the daily operation of the Center: receiving and sorting donations, or directly assisting our clients in the Food Pantry and Boutique.

If you would like to learn more about the volunteer opportunities, contact Susan Bretti at sbretti@communitycenternw.org, or call her at 914-232-6572 ext. 105. To learn more about the Community Center, log onto www.communitycenternw.org and/or follow up on Facebook. at CommCtrNW.

- **Habitat for Humanity:**

Habitat for Humanity is part of this club. It services its' name from the words "international" and "action and reflects the nature of an organization that exists in 110 countries and promotes service. Interact offers students a chance to make new friends, improve the community, develop leadership skills and make a difference in the world.

- **Ronald McDonald House of the Greater Hudson Valley:**

ABOUT OUR HOUSE: Ronald McDonald House of the Greater Hudson Valley gives families with critically ill and traumatically injured children the gift of togetherness and keeps them close to the care and resources they need. The House has 12 bedrooms that are filled to capacity almost every night and meals, laundry and respite services are provided for the families. Located on the campus of the Westchester Medical Center in Valhalla, NY, the House is just steps away from the Maria Fareri Children's Hospital. Since it opened in 2011, more than 1,600 families have stayed at the Ronald McDonald House of the Greater Hudson Valley.

OPPORTUNITIES:

MEAL PROGRAM

We developed our Meals that Heal Program so that we could give our families one less thing to worry about during their stay with us. Individuals, groups of friends, civic organizations, and business associates, use the House's kitchen to prepare brunch, lunch or dinner for our families. Even if you don't enjoy cooking, but would still like to provide a meal, you can contact a restaurant of your choice and order dinner to be delivered to the House

PULL TAB COLLECTION DRIVES

We collect the pull tabs (from aluminum soda cans, etc) and bring them to a local recycling center where they are exchanged for money at the current market value. The pull tab program generates funds to help underwrite the cost of a family's stay for one night.

WISH LIST DONATION DRIVES

Our House needs what every house needs and we give these items to the families that are staying with us. We encourage Donation Drives for gift cards, household Items (laundry detergent, garbage bags, zip loc bags), toiletries (shampoo, soap, toothpaste, deodorant, mouthwash) and snacks (small packages of pretzels, chips, granola bars, cookies, candy)and more.

- **Friends of Karen**

Friends of Karen provides vital and comprehensive support, at no cost, to families in the New York tri-state region who are caring for a child battling cancer or another life-threatening illness. We provide emotional, financial, and advocacy support to these families. We are now 40 years old and began in 1978 when Sheila Peterson wanted to sustain her close friends through the devastating illness of their teenage daughter Karen. See attached for volunteer project descriptions.

- **Somers Library:**

The Somers Library Mission to provide Somers residents of all ages with free informational, recreational and cultural resources and programs in a welcoming atmosphere conducive to learning and enjoyment. We provide resources for the interest, information and enlightenment of all people of the communities served. To the extent possible, materials and information will present a wide range of viewpoints on current and historical issues. Materials or information will not be proscribed or removed because of partisan or doctrinal disapproval.

As the Young Adult Services Librarian, I believe in extending the horizon of librarianship beyond just books. We provide volunteer opportunities in the following areas: program design and execution, and inventory control. Other projects may be determined on a case by case basis.

- **Northern Westchester Hospital:**

Northern Westchester Hospital (NWH), a proud member of [Northwell Health](#) (formerly North Shore-LIJ Health System), provides quality, patient-centered care that is close to home through a unique combination of medical expertise, leading-edge technology, and a commitment to humanity.

Over 650 highly-skilled physicians, state-of-the-art technology and professional staff of caregivers are all in place to ensure that you and your family receive treatment in a caring, respectful and nurturing environment.

Our high standards of quality mean NWH ranks among the best hospitals in the country. NWH has established extensive internal [quality measurements](#) that surpass the standards defined by the Centers for Medicare & Medicaid Services (CMS) and the Hospital Quality Alliance (HQA) National Hospital Quality Measures. Our high quality standards help to ensure that the treatment you receive at NWH is among the best in any hospital in New York and throughout the nation. Our medical center serves patients in the Westchester Country area and as far as New York City and parts of Connecticut.

- **Pegasus Therapeutic Riding:**

The mission of Pegasus is to enhance the lives of individuals with disabilities and challenges through equine- assisted therapies and activities. We will be looking for volunteer support for our spring program session which gets underway the last week of March for the following areas:

Program Volunteers: Assist by leading horses or walking beside students (sidewalking) during classes. Horse leaders need a general knowledge of horses. Horse leaders are responsible for leading horses during class. Sidewalkers do not need horse experience. They are responsible for communicating with the students and offering them physical and emotional support. Program volunteers should be willing to commit to the same day and time each week and are required to attend our introductory volunteer orientation.

Barn/Equine Volunteers: Assist with general barn chores and work directly with barn staff to care for the horses and get them ready for program (grooming and tacking). \ Riding volunteers are experienced riders who have passed an evaluation qualifying them to help us school and exercise our horses when they are not working in program.

We provide training in our three-hour volunteer orientations, which are scheduled each month.

- **Somers Volunteer Fire Department:**

The Somers Volunteer Fire Department actively recruits members 16 years old and older. 16 and 17 year old members belong to the SVFD Junior Corps. The Junior Corps is an opportunity for high school students to get exposed to fire and emergency medical services work. Junior corp. members get the same training that regular firefighters and EMT's receive and respond to emergency calls with the department. Joining the SVFD is a great way to serve your community and help others that are in need, especially if you are interested in a public service or medical career. More information on joining can be found on our website www.somersvfd.com

- **Neighbors Link:**

The Neighbors Link mission is to strengthen the whole community through the healthy integration of immigrants. Our strategies to educate, empower and employ families include a Worker Center, English as a Second Language (ESL) education, legal services and advocacy, workforce development, parent education, early childhood programs and academic support for school-age children of immigrants. Neighbors Link offers a variety of volunteer opportunities for high school students, including English language conversation, assisting in our after-school and summer programs and providing childcare. To learn more, please visit our website at www.neighborslink.org/engage/volunteer.