

The Primrose Press

March 8, 2019



Digital Age Help

Parenting in the Digital Age (K-12)
Somers Middle School on Wednesday, March 13th
from 7-8:30 p.m.

See recent email from SCSD for RSVP link.

Is managing your kids' screen time and online life causing stress in your home? You are not alone in trying to help your kids handle the allure of social media and gaming. You and your children are invited to get tips and strategies from experts on how to manage technology and screen time. Psychiatrist, professor and author, Dr. Jess Shatkin, will discuss the health effects of media use by children, as well as related issues of sleep, substance abuse, and the most effective, research-based parenting practices. School district professionals will share resources for managing our kids' online experiences. Our evening will conclude with a Q & A session with Dr. Shatkin.

SCSD Announcement

It certainly can be difficult parenting our children in this digital age. The meteoric advance of technology and online access is challenging for parents and children. Please read this important announcement from Dr. Blanch regarding recent online challenges.

<https://www.somersschools.org/cms/lib/NY01913963/Centricity/Domain/11/Parent%20letter%20-%20online%20challenges%20Mar%201%202019.pdf>



Need Help Managing Your Dismissal Plans?

It happens to everyone! The bus is coming and you're still making lunches. You grab your child and sprint to the stop just in the nick of time. But wait! You forgot to pack a note for dismissal! This is a stressful way to start a day!

Don't worry! Primrose may have a solution for you! Primrose is piloting a new online Dismissal Manager System. Gone are the days when you cringe calling the office to say you're *that* family who forgot the note again! You can change your child's dismissal plan from your Smartphone. Want to learn more? Check out the link below. Additional communication from Mrs. Winter and Mrs. Benedetto will be coming soon, so keep an eye out for it!

<https://www.schooldismissalmanager.com/video.asp>



Spring Forward, Somers!

Don't forget to set your clocks ahead before heading to bed this Saturday night. Also, fire departments recommend you check your emergency detectors to make sure they are operational!

SEPTA Announcements

Office for People with Developmental Disabilities (OPWDD) Front Door Session

Thursday, March 14 at 7:30 PM in the Somers Middle School Library

Our March SEPTA meeting will provide an understanding of OPWDD's mission and purpose, as well as outline the process of how you can become eligible for OPWDD supports and services, the types of supports and services available, and where you can go to get assistance. Space is limited to 35 people, so register now at rsvpforsepta@gmail.com. **Registration is required for this meeting.**

Annual Somers Magic Show: An Illusion Show for All Ages

Friday, March 22 at the SHS

Doors open at 6 PM - Show starts at 7:30 PM

Save the date for a night of captivating magic and illusion as **The Extreme Magic of Eric Wilzig** takes to the SHS stage! Doors open at 6 PM for face painting, game room and Gaga court. Pizza, drinks, ice cream, and souvenirs will be available for purchase. Tickets are \$15 online and \$20 at the door. Online ticketing is at www.seatyourself.biz/somerssepta. All proceeds to benefit the Somers Special Education PTA. For more information about the show, click on the link to the flyer: <https://www.somersschools.org/cms/lib/NY01913963/Centricity/Domain/1186/March%202019/March%20Magic%20Show%20flyer.pdf>

Looking forward to a magical night!

Sensory Friendly Showing of *Dumbo*

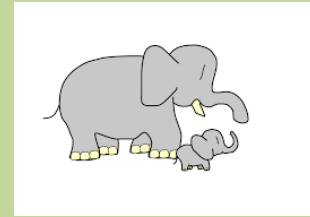
The SEPTA Social Skills Committee will offer a sensory-friendly showing of *Dumbo* on Friday, March 29th at 10 am at Carmel Cinema 8. Perfect for all viewers with no previews, lower volume and dim lights. \$15 per person includes movie, popcorn, and drink. RSVP by Wednesday, March 27th with your name and number of attendees to SEPTAMOVIE@gmail.com so we know which theater to reserve. All admissions must go through the box office. Seats are limited and will be available to the first 175 people who purchase tickets at the box office. This is not a drop-off event. Children must be accompanied and supervised by an adult at all times. For more information, click on the movie flyer: [Septa Movie Flyer](#)

Community Announcements

Scouts Spreading Miles of Smiles!

Some of our local troops are helping the Tooth Fairy out by collecting dental products for children in need. See the link for ways to support this worthy cause!

<https://www.somersschools.org/cms/lib/NY01913963/Centricity/Domain/11/Smile%20Drive.pdf>



Don't forget!

Upcoming Events:

- 3/15** - Colored in Character Day [Cooperation]
Cooperative Tuskers wear green!
- 3/18** – Report Cards available in Parent Portal
- 3/20** - Early Dismissal for Students
10:50 Parent Pick-up, 11:10 Buses Depart
- 3/29** – Professional Learning Day
[No School for Students]
- 4/15-4/22** – Spring Recess [Schools are closed]
- 4/23** – Schools are back in session

SEF Announcements

SEF Night at Play Connection (Formerly SEF Carnival)

Join us on Friday, March 29th for fun and games at Play Connection. Two shifts to choose from: 6-7:30pm or 7:30-9pm. There is a limit of 90 participants per shift. The cost is \$14 per child, per shift. Entry fee includes unlimited games, video consoles, inflatables, and train rides. Each child will receive a complimentary goodie bag from SEF. Pizza, snacks, and beverages will be available for purchase. Please visit <http://www.sefny.org/play-connection-2019/> to register for this fun event.

If you have any questions, please contact info@sefny.org.